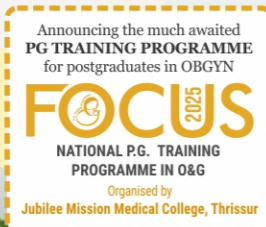




HOLD
THE DATE
25-29
August
2025



Organised by
The O&G Dept, Jubilee Mission
Medical College Hospital, Thrissur



Supported by
Thrissur O&G Society

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Senior Consultant in OBG, Rajagiri

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25-29 August 2025**

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25-29 August 2025
**NATIONAL P.G. TRAINING
PROGRAMME IN O&G**

TEAM FOCUS

📍 Jubilee Mission Medical College
Thrissur 680 005, Kerala

For queries

📞 **91 8943700863** (Dr Deepthi Nair)
91 8848070052 (Dr. Henna Joy)

✉️ focuspgprog@gmail.com

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**NATIONAL P.G. TRAINING
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**HOLD
THE DATE
25-29
August
2025**

Dear Students

It is with great pleasure we welcome you all to the 20th FOCUS, our PG training Programme from the 25th - 29th of August 2025. We have an eminent array of faculty who are outstanding postgraduate teachers and examiners who will take you through all the relevant examination topics with added updates. Your overwhelming response has been our encouragement. We request you all to register early as seating arrangements would be in the order of registration. Welcoming you all with open arms.

With warm regards
Team FOCUS

Dr. Sareena Gilvaz
Org.Secretary

Dr. Bindu Menon
Org.chairperson

**2025
AUGUST
25
MONDAY**

08.00-09.00 am
MTP Act Amendment
& 1st & 2nd Trimester
MTP procedures –
Lecture (30")
Dr. Lola Ramachandran

09.00-10.00 am
Anemia in pregnancy
(Case Discussion)
Dr. Manjula Rao
Dr. Haresh Doshi

10.30-11.30 am
CPD with
Occiputoposterior
(Case Discussion)
Dr. Haresh Doshi
Dr.Prameela Menon

11.30-12.30 pm
Multiple Pregnancy
(Case Discussion)
Dr. Manjula Rao
Dr. Bindu Menon

12.30-01.00 pm
Tips for the exams Lecture (20")
Dr. Haresh Doshi
Shoulder Dystocia drill (10")
Dr. Neetha George
Snippet – Genetic testing in
Ca endometrium & Ca Ovary
Dr. Jincymol

02.00-03.00 pm
All about contraception
Lecture (45")
Dr. Sobha Guddi
HT in Menopause - an
overview Lecture (15")
Dr. Rose Jose

03.00-04.00 pm
Recurrent
Pregnancy Loss
(Case Discussion)
Dr. Sobha Guddi
Dr. Anoj Kattukkaran

04.30-05.30 pm
Surgical videos
In OBG
Dr. Bindu Menon

05.30-06.00 pm
PCOS Lecture
Dr. Sareena Gilvaz
Quiz Prelims
Topic- Maternal-
fetal medicine

**2025
AUGUST
26
TUESDAY**

Hypertension in pregnancy
(Case Discussion)
Dr. Manju Puri
Dr. Priya V
Dr. Sathi M S

Ca Ovary
(Case Discussion)
Dr. Kavitha Sukumar
Dr. Lakshmi Seshadri

AUB with PALM-COEIN
(Case Discussion)
Dr. Seetha Panicker
Dr. Shobha Nair
Dr. Beenakumari

Ca Cervix
(Case Discussion)
Dr. Kavitha Sukumar
Dr. Lakshmi Seshadri

Forceps & Vacuum
Lecture (25")
Dr. Marin Paulson
Updates in ART &
Surrogacy Act Lecture(10")
Dr. Saley Daniel
Snippet – Artificial
Intelligence in OBG
Dr. Natasha

Post Op
Rounds with OSCE

Primary Amenorrhea
(Case Discussion)
Dr. Manju Puri
Dr. Ajith S
Dr. Georgy Eralil

Pelvis & Fetal skull -
including Vertex,Face,
Brow & Breech
Dr. Seetha Panicker

Stress Urinary
Incontinence &
POP-Q Lecture
Dr. Sareena Gilvaz
PPH drill
Dr. Neetha George

**2025
AUGUST
27
WEDNESDAY**

Laparoscopy Lecture (20")
Dr. Hambal Ahmed
Hysteroscopy Lecture (20")
Dr. Vinayak Subhash
HIV-Updates Lecture (20")
Dr. Deepthi Nair

Instruments &
Specimens (30")
Dr. Radhamani K

Intrapartum & Postpartum
USG Lecture (30")
Dr. Henna Joy

Fetal growth
restriction
(Case Discussion)
Dr. Palaniappan
Dr. Chithra TV

Rh Allo immunisation
Lecture (30")
Dr. Chithra TV

Practical sessions
on obstetric surgery
Dr.V.P.Paily
Snippet – VTE scoring
Dr. Nikitha

New interpretation
of CTG Lecture (30")
Dr. Sareena Gilvaz
Practical session on
Obstetric procedures
Dr. V.P.Paily

Fibroids
(Case Discussion)
Dr. Palaniappan
Dr. Jyothi Chandran

Practical sessions
on Gynec procedures
by **Dr. V.P. Paily**

Practical sessions
on Gynec surgery
by **Dr. V.P.Paily**

**2025
AUGUST
28
THURSDAY**

Prolapse
(Case Discussion)
Dr. Lilly Varghese
Dr. Sangeetha Menon

Ca Endometrium
(Case Discussion)
Dr. Deepak Bose
Dr. Aswath Kumar

GTD (Case Discussion)
Dr. Deepak Bose
Dr. Jayanthi
Antepartum Hemorrhage
Lecture (30")
Dr. Bindu Menon

Infertility
(Case Discussion)
Dr. Sheila Balakrishnan
Dr. Jayanthi

Endometriosis
(Case Discussion)
Dr. Sheila Balakrishnan
Dr. Patsy Varghese
PID & Tuberculosis
Lecture (30")
Dr. Sangeetha Menon

QUIZ FINALS

Bladder &
ureteric fistulas
Lecture (20")
Dr. Lilly Varghese

Snippet- Targetted therapy
in Ca Ovary, RMI 4 & 5
Dr. Abdul
Preterm labour and
PPROM Lecture (20")
Dr. Reshmi C R
Ectopic pregnancy Lecture (20")
Dr. Ajeena PS

Tips on Obstetrics
& Gynec
examination
Lecture
Dr. Sareena Gilvaz

**2025
AUGUST
29
FRIDAY**

Colour doppler in
Obstetrics (75")
Dr. Ramamoorthy

Previous CS
(Case Discussion)
Dr. Susheela Rani
Dr. Betsy Thomas

GDM
(Case Discussion)
Dr. Susheela Rani
Dr. Shukla Shetty

Heart disease
in pregnancy
(Case Discussion)
Dr. Shukla Shetty
Dr. Sujamol Jacob

Updates & trials
in Obstetric practice
Lecture (30")
Dr Lakshmi Nambiar

All about 1st &
2nd Trimester
Ultrasound
Lecture
Dr. Bijoy Balakrishnan

Those who are interested in presenting cases,
contact **Dr. Bindu, Mob: 9746333055**
Breakfast is available on all days.
Registration can be done online

Seating arrangement on first come first serve basis

10.00 - 10.30 Coffee Break

01.00 - 02.00 pm Lunch Break

04.00 - 04.30 pm Tea Break

Entertainment Programme

Book Post


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The O&G Dept, Jubilee Mission Thrissur O&G Society
Medical College Hospital, Thrissur, Kerala



Jubilee Mission Medical College,
Thrissur-680 005, Kerala, India